



PORTLAND SECONDARY COLLEGE NEWSLETTER

Edition 4, 19th March 2021



"To develop creative, articulate, respectful and resourceful young people able to contribute positively to the global community."

Contact Us: Ph: (03) 5523 1344 | Email: portland.sc@education.vic.gov.au

Principal's Report

The term has flown past and with less than two weeks until the Easter Break and the end of term, all students are hard at work completing assignments and assessment tasks. Parents are encouraged to check student results on Compass over the next couple of weeks.

It's been a busy fortnight since my last newsletter report. PSC has had a visit from Toni Jordan, author of the Year 12 text, 'Nine Days' who spoke to the students about her writing; students have competed in both Interschool Athletics and Great Western Region Swimming; we've hosted Grade 6 Transition Day, 2022 Scholarship testing and Parent Information Night for prospective new students; held a fundraiser for Sweetheart Day, immunised Year 7 and Year 10 students and created an Induction Ceremony video. We've also hosted a Leadership workshop for our Year 7 and 8 Leaders, learned about Digital Technology, been on a photography excursion and enjoyed a range of activities in the library as part of Harmony Week. Additionally, there are opportunities for all students to be involved in public speaking competitions, a black and white photography competition and Chalk Art Day, all occurring in the next few days.

Despite the fact that Portland has been COVID -19 free for some time, schools are still restricted in the number of visitors we can have in any one area of the College at any one time. As such we could not hold our Induction of college Leaders Ceremony as we normally would. In order to honour those students who have put up their hand to lead the College in 2021, we have created a short video instead. This video can be viewed by going to the Compass newsfeed and following the links. Congratulations to all students who have taken on a leadership role this year.

Well done to Mr Prentice's VCAL class who collected a significant amount of money on Sweetheart Day, raising awareness and funds for those children affected by congenital or acquired heart disease. It's fantastic to see our students working hard to support others who are not as fortunate as themselves.

Good luck to all our Year 9 students who this week will be challenged to complete the Bay Swim. This swim is the final event in the Open water swimming unit for Year 9 Health and Physical Education. I hope the weather is nice as I intend to also undertake the challenge and swim across the bay and I challenge all year 9 students to give it a go as well.

Finally, a reminder to students who come to campus early for any reason. Staff are not required to be on general yard duty until 8:40am. Students are welcome to attend earlier but parents need to be aware that the yard is not supervised until that time. Of course there are plenty of staff around at that time who will help out if an issue arises. The School busses are supervised from 8:20am for those students arriving by bus.

The term finishes on Thursday the 1st of April at 2:30pm for the start of Easter. We will welcome students back to school after the holidays on the 19th of April. Happy Easter to all students and their families.



Jo Kindred
Principal

Up and Coming Events

Monday 22 March Snr Cricket & Junior and Int. Tennis

Wednesday 24 March Year 9 Bay Swim

Thursday 1 April Last Day of Term 1

Friday 2 April Good Friday

Monday 19 April - First Day of Term 2

Cultural Diversity Week

22 to 26 March 2021

Reg Saunders MBE was born near Purnim on the Framlingham Aboriginal Reserve on August 7, 1920 and was the first Aboriginal Australia to be commissioned as an officer in the Australian Army. He was a natural leader and rose from the rank of Private to sergeant, then to Officer rank. He saw action in the 2/7th Battalion, during the military disaster in Crete. As a result of the defeat Reg managed to remain hiding from the Germans for 11 Months until evacuated by a British Submarine in May 1942. During this time, he was recommended to be commissioned as an officer. As Lieutenant and platoon commander he served in New Guinea during 1944-1945.

After the end of World War II, Reg returned to civilian life. He re-enlisted when war broke out in Korea, serving as a Captain & company commander with the 3rd Battalion, Royal Australia Regiment. His company fought at the Battle Kapyong, and the Battle of Maryang San, Korea.

On his return to Australia, he worked in the logging and metal industries and then joined the Department of Aboriginal Affairs as liaison officer in 1969.

In 1971 he received and became a Member of the Order of the British Empire (MBE) for his community service over long periods of time. Reg died in 1990 aged 69. His ashes were scattered over Lake Condah.

He is remembered in several ways by his Grateful Country. Reg Saunders Way in the Canberra Suburbs of Campbell & Russel, a room at Canberra Services Club, and by the shared Portland RSL Subbranch & the RSL Memorials Bowling Club Scholarship and Shield.

On November 11, 2015, the Australian War Memorial's Western Gallery & Courtyard were re-named in Reg Saunders Honour. These were the first sections of the Memorial to be named for an Australian.



LEST WE FORGET.



Emma Speers

Junior Sub-School
Assistant Principal



Toni Jordan Visit

Author of *Nine Days*, one of the Year 12 texts visited and spent time with the students and staff on Monday 15th March.

Full report to come.

GD Athletics

Athletes who made it through to the next stage of Interschool Athletics made their way to Casterton on Friday the 12th of March, to compete against other schools in the Glenelg District. After a cold and foggy start to the day, the sun broke through as we arrived in Casterton. The thick fog and dewy grass gave way to bright sunshine and a top of 32 degrees. Students attempted to stay cool as they sought shade under the marquees between events and kept well hydrated throughout the day.

49 students from PSC took to the Track and the Field as they attempted to throw further, jump higher and run faster than the other athletes they were competing against. It was a successful day for the school as PSC placed 4th overall out of the schools that attended. We had 20 students/teams come first in their event, with Marcus McClintock breaking the district record in the 90m Hurdles! Marcus also won all three events he was in for the day. Not to be outdone, Elli Aitken placed first in four of her events, also breaking a district record in the 1500m! Speedster Andy Paterson was beaten by the smallest of margins in the 100m sprint, placing second by only 0.05 seconds.

Both Buddy Sherwell (13M) and Sarah Tunstall (17F) were respective champions in each of their age groups. Along with Sarah, both Tyler Osborne and Abby Smith exhausted themselves, each competing in 8 different events throughout the day!

Well done to all the athletes who participated on the day. Those who came first in their event will now wait until November to compete at the regional championships in Ballarat.

Nathan Adams - Sport & Admin Trainee

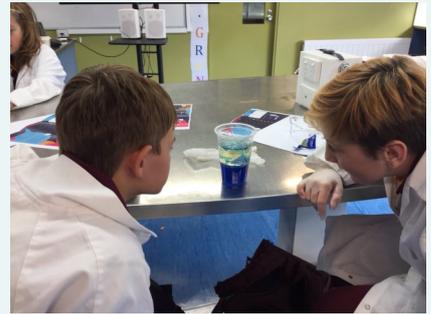


Students Kostya Vallance, Ethan Williams, Dom Rice, Buddy Sherwell and Chloe Reynolds all showing great technique in their events.

Age Group Champions: Sarah Tunstall (U17 Girls and Buddy Sherwell (U13 Boys)

GRADE 6 OPEN DAY **Monday 15th March**

We had a wonderful day with the Grade 6 students who attended our Grade 6 Open Day. They experienced a normal secondary school day with a mixture of single and double periods. It was fantastic to meet future students and friends and we are looking forward to your next visit. Thank you for spending the day with us!



Last Friday (the 12th March) the Senior Personal Development VCAL students organised a "Sweetheart day" to raise funds and awareness for Heart Kids. The Senior VCAL students planned the activity as part of their "Self- Directed Project PDS Outcomes" to make a difference to the lives of those affected by congenital or acquired heart disease. As part of the fundraiser, students wore Pyjamas or casual clothes (along with a gold donation) as well as the VCAL students running a sausage sizzle.

Huge thank you to all staff and students for your support, Bakers Delight for your donation, and to Heidi Jones, Lily Graham and Emily Smith for cooking the sausages to perfection.

Andrew Prentice

VCAL PDS Teacher

BULLYING. NO WAY!

For secondary school students



Bullying is
NEVER OK!

Tips for secondary school students who experience bullying

Bullying is deliberate verbal, physical and/or social behaviour intended to cause ongoing physical, social and/or psychological harm. Bullying can make you feel anxious, depressed and lonely. It can happen anywhere – in person, or online using various digital platforms and devices (this is called cyberbullying). It might be obvious to others or hidden.

Bullying in person or online might look or feel like being:

- repeatedly hurt physically, or verbally through abusive texts, emails, images, videos, or nasty gossip and chat
- excluded or ignored
- tricked or humiliated by fake accounts.

No one deserves to be bullied or hurt. You can choose to:

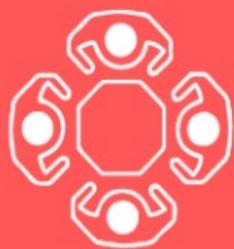
- treat others how you would like to be treated – with kindness and respect
- include others in games and chats
- only share information about others with their consent.

Do you have a current Health Care card? You are eligible for CSEF.

What is CSEF? The Camps, Sports and Excursions Fund (CSEF) provides payments for eligible students to attend activities like:

- school camps or trips
- swimming and school-organised sport programs
- outdoor education programs, excursions and incursions.

**For further information please call the General Office or visit:
www.education.vic.gov.au/about/programs/Pages/csef.aspx**



Student Services Portland Secondary College

Doctors in Schools and Services Available

Consulting Wednesdays at the purpose built Doctor's Pod on school campus.

Appointments can be made at the Student Services office any time of the week, or visit the doctor's pod on Wednesday to make an appointment.

Talk to Michelle and Tania if you have any questions about the service. Additional visiting clinicians/specialists include:

Headspace | Portland District Health | Student Support Service | CAMHS by referral | Vic Police | DHHS



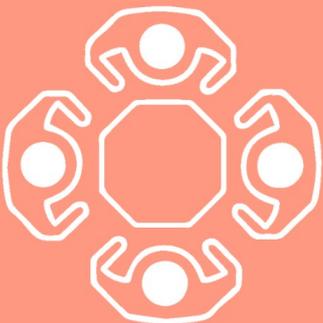
Phone:
(03) 5523 1344

Year 10 Science

As part of their Chemistry unit, Year 10 Science students in Miss Prichard's and Mr Porter's classes have been looking at how temperature can affect the rate of a reaction, as well as the Law of Conservation of Mass.

Mandie Pethybridge

Laboratory
Technician



OUT AND ABOUT

@ PORTLAND SECONDARY COLLEGE





Community News

We love hearing from our community, please contact us if you have an event or story to share.

newsletter@portlandsc.vic.edu.au | Ph: 5523 1344

Beats Cycle for Hope



Portland to Bridgewater Bay Sunday 21 March 2021

- 🚲 **FREE** Registration at Hanlon Park from 9:00AM
- 🚲 Donations kindly accepted
- 🚲 Registration on the day or online at <https://www.trybooking.com/BPGUO>
- 🚲 Just one course for this year: 22 km road (start 10:00AM)
- 🚲 **FREE** bus returning from Bridgewater at 1.00PM
- 🚲 Food & drinks available at Bridgewater

Enjoy a family friendly morning of exercise, then relax and listen to music.

All funds raised will go to supporting families affected by cancer within the Glenelg Shire

For more information visit our Facebook page - www.facebook.com/beatscycle.forthope



PORTLAND

VOLUNTEER CANCER GROUP



Presents the Movie

"Wild Mountain Thyme"

Sunday 28th March

At 2.15 pm

At the Portland Arts Centre

Tickets \$12

Available from: Pauline's

Absolutely Fabulous, Bentinck Street

80% of proceeds to Portland Community Palliative Care for purchase of wheelchairs
20% to Cancer Council Vic

Please support us in bidding or donating via our

ONLINE AUCTION

help us purchase new patient beds

so many items listed

[HTTPS://WWW.CHARITYAUCTIONS.TODAY.COM/AUCTIONS/PORTLAND-DISTRICT-HEALTH-2021-ONLINE-AUCTION-21483](https://www.charityauctionstoday.com/auctions/portland-district-health-2021-online-auction-21483)

YOUTH MENTAL HEALTH FIRST AID



Do you have children? Do you engage with young people?
Do you want to better understand youth mental health?

Evening Courses are four x 3 hour sessions

Day Courses are two x 7 hour sessions

All sessions must be attended to complete your accreditation

Youth Mental Health First Aid (YMHA) course, topics cover:

- Eating disorders
- Substance use problems
- Suicide and other mental health crises
- Developing mental health problems
- Depression and anxiety problems
- Psychosis

More information & dates in the links below



\$32.74 FEE TO REGISTER

Must be over 18 years old to attend

BOOKINGS ESSENTIAL:

Scan our QR code

or <http://live4life.eventbrite.com.au>

For more details, please contact

Nicky Grayson: 0407 831 495

<https://mhfa.com.au/>

