

#### Portland Secondary College

Newsletter

**TERM 1 WEEK 3** 

16th February 2024

#### **Highlights**

- Principal's report
- Student Services
- Doctors in Secondary School
- Year 7 Camp
- Food Hub
- Library
- Community News

Portland Secondary College

#### **IMPORTANT DATES TO REMEMBER**

- 20th February White Card Training Senior Students
- 22nd February GD Swimming
- 26th February Back up Photo Day
- 26th February Yr 9 Presentation Talk Money
- 26th February Yr 11 Presentation Day in life of Deakin Uni Student
- 6th March 2025 Yr 7 Information Evening
- 7th March Athletics Carnival
- 11th March Labour Day No School
- 13th-15th March NAPLAN
- 28th March Last Day of Term 1







Portland Secondary College is a Child Safe School

**Principal Report** 

Another fortnight has flown past and Term 1 is well underway. The first two weeks of School have been actioned packed with Student Leader interviews, parent/student/mentor interviews, a welcome BBQ for Year 7 students, a whole school assembly, swimming sports, Casual Clothes Day fundraising day to support Breast cancer, Year 7 Camp Out, Hands On Learning Program, PATS testing, Parent Information session on the 2024 Indonesian Tour, School Photos being held and all classes underway. News of some of these events are included elsewhere in the newsletter. Parents can stay informed of what is happening by logging onto Compass regularly – there is a lot of things going on each week for all students.

A whole school Assembly was held last week to welcome staff and students back to Portland Secondary College and a special welcome was issued to all Year 7 students and those students new to the College at other year levels. Students were reminded of their rights and responsibilities and all students were encouraged to take up any and all opportunities open to them. This message was reiterated by College Captains Sam Shelton and Nyla Conheady who also urged students to embrace leadership opportunities. New staff were introduced, and a range of leadership opportunities were outlined. All students were encouraged to take on board the mantra of High Expectations – no excuses!

Portland Secondary College offers students a vast range of opportunities to step up and showcase their leadership skills. Taking on a leadership position helps students develop confidence and allows them to hone their organisational, public speaking, analytical and listening skills and looks great on a resume when going for a part time job. Currently in the College we are encouraging students to take on the roles of Year Level Leadership positions. The criteria for these leadership positions in the College is varied and asks students to provide positive leadership for the students in the form, to be a positive role model for fellow students, to provide leadership and assistance in selecting and organising both swimming and athletics teams. Students are, of course, also expected to abide by College rules and the College uniform regulations and to get involved in the vast range of opportunities offered. Other leadership opportunities able to be taken up include Music Captains, Inclusion Leader, Diversity Leader, Public Speaking Captains and to be part of the Student Voice and Agency Committee. Currently I am seeking applications from a junior student to take on the role of Flag Monitor. Any student interested in applying for this role should see Ms Kindred as soon as possible. All our School Leaders will be inducted into the College during a ceremony for students and parents on March 15th. Keep this date free!

Our Casual Day held last Friday raised over \$800 for breast cancer research and was organised by our Senior School leadership team, the School Captains and Year 12 Level manager, Ms Joe Logan. Students came to school dressed in pink and enjoyed a sausage sizzle and pink finger buns at lunchtime.

On Monday of this week the entire school headed to the Pool for the Swimming Sports and enjoyed a beautiful day in the sunshine whilst competing in a wide range of swimming and novelty events. Congratulations to the students who won their age group championship medals and to all students who hopped in the pool and had a go at winning points for their year level. Overall winners for each Sub-School will be released shortly. However, I would like to ask parents to refrain from coming to collect their student before the day is finished. Please encourage some resilience in your child as all students are expected to participate for the entire day. Our mantra of High Expectations – no excuses – applies to all members of our School community.

#### **Principal Report**

Parents may be aware of an incident of unsafe student behaviour involving a small group of students that occurred at our school last week. Such incidents are very rare at Portland Secondary College. When they do occur, we work closely with students and families/carers to ensure they understand the behaviour standards expected at our school and use appropriate means to resolve conflicts. I want to assure you that the health and safety of our students and staff is our top priority, and we are taking this matter very seriously. Any form of violence/bullying within our school is entirely unacceptable. This incident does not reflect the safe and supportive culture at our school or the behaviour of the majority of our students. Consequences for students will be considered as set out in our school's Student Wellbeing and Engagement Policy. If you have any further questions, please don't hesitate to contact me via the school's front office.

Finally a big thank you to the Portland Lion's Club who run the Laptops from Lions program. This program involves repurposing used laptop computers and then issuing them to students in need of assistance. So far, the club has donated over 90 computers to primary and secondary school students, many of them from PSC- a fantastic effort. If you have an old working laptop at home that you no longer need, bring it in to school and we can pass it on to the club – maybe there's a student out there who could really use it.







Jo Kindred, Principal

# Annual privacy reminder for our school community

Our school collects and uses student and parent personal information for standard school functions or where permitted by law, as stated in the Schools' Privacy Policy and the Schools' Privacy Collection Notice.

Our <u>Photographing</u>, <u>Filming and Recording Students Policy</u>, describes how we collect and use photographs, video and recordings of students. The policy also explains when parent consent is required and how it can be provided and withdrawn. We ask parents to also review the guidance (<u>here</u>) we provide on how we use Microsoft 365 for Education safely at the school and what parents can do to further protect their child's information. If after reviewing the guidance, you have any questions or concerns regarding your child using Microsoft 365 for Education, please contact the school.

For more information about privacy, refer to: Schools' Privacy Policy — information for parents.

This information is also available in ten community languages:

- Amharic
- Arabic
- Dari
- Gujarati
- Mandarin
- Somali
- Sudanese
- Turkish
- Urdu
- Vietnamese

# HEADSTART APPRENTICESHIPS AND TRAINEESHIPS

It's the start of 2024 and the Head Start program is kicking back into gear!
Guy Seviour is the Head Start Coordinator for PSC and will be working with any Year
10-12 students looking to find the right school-based apprenticeship or traineeship
across a broad range of career areas.

Whether it's traditional trades, agriculture, or green energy, Head Start provides students with the opportunity to start learning crucial work skills, all while completing their senior schooling.

If you want to learn more about the opportunities available through the Head Start Program, please speak to your careers coordinator to find out more.

2025 Year 7 Information Evening

Portland Secondary College invites you to an Information Evening for prospective 2025 Year 7 Students and Families.

Join us for information/question and answer sessions for parents/ guardians. Following the Information sessions we invite you to join a school tour conducted by our school leaders.

#### Tuesday 6th March at 6.30pm

Can't be there on the night? Contact our General Office on 5523 1344 to arrange a school tour.



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portlandsc.vic.edu.au





Today our Yr. 7 Students met Sandy. Sandy is a much loved member of the PSC Staff, keep an eye out for her reports in the school newsletters.





### 2024 Principal Class Team



**Jo Kindred**Principal

Jo has been teaching at PSC for 29 years. During this time she has held positions as Level Leader, Assistant Principal and now Principal.

She has a passion for student voice and inclusion and is always happy to step in and cover a class.



Kirsten Mitchell

Assistant Principal of Curriculum & Learning

Kirsten started teaching in 1994 and has been at PSC since 2009.

Kirsten has held a number of positions while working at PSC and says that her favourite roles are when she gets to work directly with the staff and students.



**Emma Speers** 

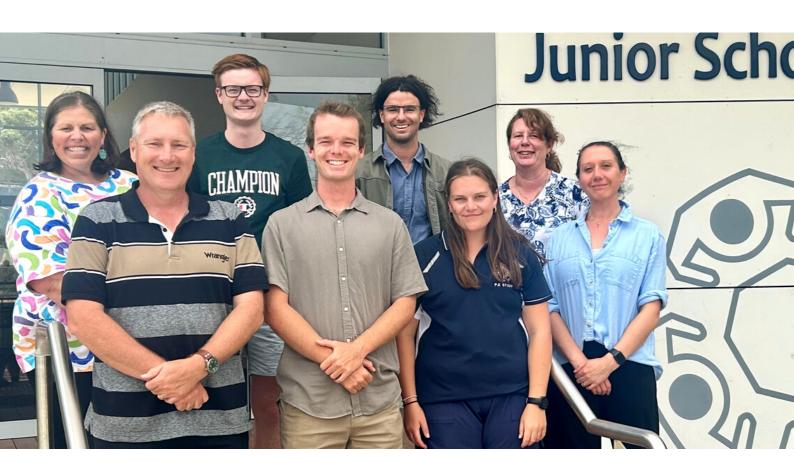
Assistant Principal of Discipline & Wellbeing

Teaching for 10 years and at PSC for 4, Emma is primary trained and has enjoyed the challenge of secondary teaching.

You will never see Emma standing in one place for long. She is always running around, following up, and checking in, with students.

## Welcome to the Team!!

We are excited to introduce the newest members to the PSC Team.



#### From Back left

**Tammy Keiller-Burgess** - Administration, **Logan Edwards** - Disability & Inclusion Support Team, **John Tucker** - Humanities Teacher, **Rachael Mitchell** - Disability & Inclusion Support Team

#### Front left

**Denis Belden** - Disability & Inclusion Support Team, **Sam Wells** - Indonesian & Humanities Teacher, **Dana Lourie** - Health & Physical Education Teacher, **Aoife Blake** - Art Teacher.

### Student Services @ PSC

#### Student Services provides a safe, inclusive, and confidential space.

We triage and arrange referrals and appointments with the following agencies.

- Vic Police
- headspace
- CAMHS Child and Adolescent mental health services
- CASA Cases against sexual assault
- SOCIT Sexual Offences and Child abuse Investigating Team.
- Private Clinicians
- Support LQBTIQA
- Live for life Program
- Respectful Relationships
- Dare and Skittles Program
- Dental Van and Immunisation Programs

Doctors in Schools have been running for a few years at PSC, an extremely popular service for our students. Active Health Doctors and nurses consult in a purpose-built clinic every Wednesday at PSC.

Headspace and our onsite clinicians Bron Keiller, Lee-Anne Nelson, Karin Sandstrom and Tammy Masters along with SSS nurse Nicola Taylor continue to consult and support our students' staff and families.

We collaborate with agencies and curriculum to promote health and wellbeing of students, staff and families.

- Assist with health promotion in the school community.
- Stay alert to current trends.
- Promote healthy relationships and restorative practices.

For appointments and enquiries please call the school on 55231344 and ask to be connected to Student Services.

Tania & Michelle



**WHAT:** We are Doctors and Nurses from Active Health Portland and run a clinic within the school grounds. This clinic does not detract you from your normal GP, and is a free service supported by Education Victoria.

**HOW:** Book appointments through Student Services office, or present to Nurse at Doctors Pod on Wednesdays between 9.30am- 12.30pm

WHEN: 9.30 am to 12.30 pm each Wednesday

WHERE: Portland Secondary College

**WHY:** Book in to discuss any issues you may have- general health, sexual health or mental health for a confidential chat and see where we can help you.

TIP: We will need your Medicare number, so please take a photo of your Medicare Card with your name, with your phone and bring your phone to the clinic.

We run by appointment times to ensure you don't miss out.

Look forward to meeting you for a chat.

#### Ace O'Brien & Deon Murphy, Year 7 Students

# Year 7 Camp

Year 7 Camp was amazing! We began with setting up tents in the PSC Bushland, and meeting Frank and Karl – the two wonderful people who helped run our Campout. We spent time in Portland at the Botanical Gardens playing teamwork and army themed games and then, spent some time at the pool. After our burger dinner we played 'Night Stalk' and learnt about stargazing.

The next day we woke up, had breakfast and went to Bridgewater Lakes. We learnt how to tie some knots, went canoeing and had to solve a problem that involved trying not to land in some make believe 'chunky custard'. We made a zipline for our team mate to travel on to fetch the very important jerry can. When we returned to our school Campout grounds, our Year 10/11 Buddies were there to play games and share dinner. We had lasagne and then had some hot chocolate before bed. We were exhausted!

On the final morning of camp we woke up, had breakfast and then worked really hard in teams to de-assemble all our tents. We ventured out to Narrawong where Frank and Karl were waiting for our final day team challenge, lots of obstacles where our teamwork with our new friends was put to the test. By the time we got back to school, we were happy, tired and ready to share our memories with our parents.





















# 2024 Swimming Sports















































#### Cindy Taylor, Food Hub Manager



#### Welcome to The Food Hub for 2024

We are open Monday to Friday from 8:30am.

We have had a great start to the year and have only had to raise a few items

- Chicken Nuggets now 80c
- Up 'n' Go now \$2.50
- Small Flavoured Oaks now \$2.50
- Long White Rolls now \$1.20
- Small Chips now \$1.70
- Large Chips now \$2.50
- Sultanas now 80c

We encourage all students who are buying their lunch to place a lunch order, this ensures you don't miss out on hot food items, these can be placed at Breakfast and Recess.

We have Menu Boards displayed on the windows near the lunch order bags and a Daily Specials Board on display near the coffee machine. Below is a copy of our "Daily Specials" These are additional to our Hot Food Options listed on our fixed menu, they are specific to that day and change Seasonally.

We have also included our Menu that is available Every Day.

Should you require any assistance, have any questions, or wish to provide feedback, the Staff in the Food Hub are always willing to help and listen

We look forward to having a fantastic year.

#### The Food Hub

# Monday Specials 2024

- Chicken Burgers with Cheese and Mayo \$5.50
- Steamed Dim Sims \$1.20 each
- Chicken Nuggets 80c each
- Samosas 50c

#### **Tuesday**

- Pizza's Hawaiian or Margherita \$2.20 Half, \$4.40 Whole
- Meatball Subs Small \$3.00, Large \$6.00
- Potato Wedges Small \$1.70, Large \$3.40, Sour Cream 60c
- Sweet Chilli Sauce 20c

#### Wednesday

- Potato Cakes \$1.20 each
- Beef Burgers with Cheese and BBQ or Tomato Sauce \$5.50
- Steamed Dim Sims \$1.20 each
- Ravioli \$4.00 or Lasagne \$5.00

#### **Thursday**

- Potato Gems in a Cup \$2.20
- Burritos \$4.50
- Nachos with Cheese Small \$4.00, Large \$5.00, Sour Cream 50c

#### **Friday**

- Chicken Strips \$1.20 each
- Chicken Burgers with Cheese and Mayo \$5.50
- Steamed Dim Sims \$1.20 each
- Fried Rice Small \$2.50, Large \$5.00
- Spring Rolls \$1.20 each

### The Food Hub 2024 Menu

#### **BREAKFAST 8.30-8.55AM**

Tea or Coffee	\$2.00
Hot Milo	\$2.00
Toasted Cheese Sandwich	\$3.00
Toasted Cheese & Tomato Sandwich	\$3.50
Toasted Ham & Cheese Sandwich	\$4.00
Toasted Ham, Cheese & Tomato Sandwich	\$4.50
Toasted Ham, Cheese & Pineapple Sandwich	\$5.00

#### **SANDWICHES & ROLLS**

Available in White & Multigrain	Sandwiches	Rolls
Vegemite	\$2.00	\$2.50
Vegemite & Cheese	\$3.00	\$3.00
Cheese	\$3.00	\$3.50
Cheese & Tomato	\$3.50	\$4.00
Cheese, Beetroot & Salad	\$4.50	\$5.00
Ham & Cheese	\$4.00	\$4.50
Ham, Cheese & Tomato	\$4.50	\$5.00
Ham & Salad	\$6.00	\$6.50
Ham, Cheese & Salad	\$6.50	\$7.00
Egg & Lettuce	\$4.00	\$4.50
Chicken, Lettuce & Mayo	\$5.00	\$5.50
Chicken & Salad	\$5.50	\$6.00
Chicken, Cheese & Salad	\$6.00	\$6.50
Salad & Beetroot	\$4.00	\$4.50

No charge for Mayo, Sweet Chilli Sauce other Sandwich combinations available upon request.

#### WRAPS

	Half Wrap	Full Wrap
Ham, Cheese & Salad	\$3.50	\$7.00
Chicken, Cheese & Salad	\$3.50	\$7.00
Falafel, Cheese & Salad	\$3.50	\$7.00
Egg, Cheese & Salad	\$3.50	\$7.00
Veggie Burger, Cheese & Salad	\$3.50	\$7.00

No charge for Mayo, Sweet Chilli Sauce .

#### SALADS

	Small	Large
Fresh Fruit Salad	\$3.50	N/Ă
Garden Salad Bowl w/ Cheese	\$5.00	\$8.00
Garden Salad Bowl w/ Egg	\$5.00	\$8.00
Garden Salad Bowl w/ Chicken	\$5.00	\$8.00

No charge for Sauce .

#### **HOT FOOD**

Burger Buns & Rolls available in White & Multigrain	
Flame Grilled Chicken Burger No Cheese	\$5.00
Flame Grilled Chicken Burger with Cheese	\$5.50
Flame Grilled Chicken Burger with Cheese & Salad	\$7.50
Flame Grilled Beef Burger with Sauce, No Cheese	\$5.00
Flame Grilled Beef Burger with Cheese & Sauce	\$5.50
Flame Grilled Beef Burger w/Cheese, Sauce & Salad	\$7.50
Veggie Burger with Cheese	\$5.00
Veggie Burger with Cheese & Salad	\$7.00
Hot Cheese Roll	\$3.50
Hot Cheese & Pineapple Roll	\$4.00
Hot Ham & Cheese Roll	\$4.50
Hot Ham, Cheese & Tomato Roll	\$5.00
Hot Ham, Cheese & Pineapple Roll	\$5.00
Hot Chicken & Mayonnaise Roll	\$5.50
Hopkins River Chunky Beef Pie	\$5.50
Premium Beef Pie	\$5.00
Plain Sausage Roll	\$4.30
Cheese & Bacon Sausage Roll	\$4.30
Hot Ham & Cheese Croissant	\$4.00
Noodles	\$2.50

Cool Ridge 600ml	\$2.00
Cool Ridge 750ml	\$3.50
Focus Flavoured Water 600ml	\$3.00
Gatorade Active Water (No Sugar) 600ml	\$4.00
Juice Bombs	\$2.50
100% Juice Fresha 300ml	\$2.50
Fresha Fruit Juices 500ml	\$3.50
Emma & Toms Juices	\$4.00
Up 'n' Go Flavoured Milks 250ml	\$2.50
Oak Iced Milk 250ml	\$2.50
Oak Flavoured Milks 600ml	\$4.00
Ice Break Iced Coffee 500ml	\$4.00
Cans 375mls (No Sugar)	\$3.00
Bottles 600mls (No Sugar)	\$4.00
Iced Honeycomb Nippy's	\$3.50

# drinks

#### SNACKS

Assorted Fruit - Banana, Apple, Mandarin	From \$0.70 to \$1.00
Peaches	\$1.50
Yoghurt Frogs	\$0.20
Jatz Crackers	\$0.50
Hummus	\$1.50
Cheese	\$1.30
Custard Scrolls	\$2.00
Muesli Bar	\$1.00
Sultanas	\$0.70
Jam or Lemon Biscuits	\$0.50
Assorted Muffins - Blueberry or Chocolate Chip	\$3.40
Banana Bread	\$3.50
Cheesymite Scroll or Cheese & Bacon Scroll	\$2.00
Bread Roll	\$1.20
Eclipse Mints	\$3.50
Monster Cookies	\$3.00
Slices from Clarks & Chitticks - Assorted	Small \$2.00 Large \$4.00
Our Slices - Assorted	Small \$1.50 Large \$3.00
Large Packet Chips	\$2.50
Small Packet Chips	\$1.70
Calippo/Ice Twist/Everest Dixie Cup	\$1.70
Snapstix	\$1.20



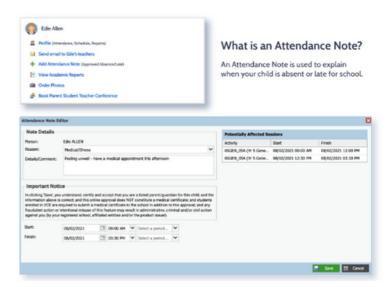
We have a "Daily Specials Board" displaying additional Hot Food Options not listed on this menu, they are specific to that day and change Seasonally.

Prices may be subject to change.

# Compass Attendance & Wellbeing

Attendance and wellbeing are complex, interconnected issues, but keeping track of this information shouldn't have to be difficult. Compass has made sure of that.

#### 



#### **Summary**

Using Compass you can view up-to-the-minute attendance information for your child.

#### Notes

This sub-tab provides a list of attendance explanations for your child. From this tab you can also add absence notes (both past and future).

#### **Explain Specific Absences**

This sub-tab provides a list of all unexplained lates and absences from class. From this tab you can click to approve specific absences.

#### **Daily Snapshot**

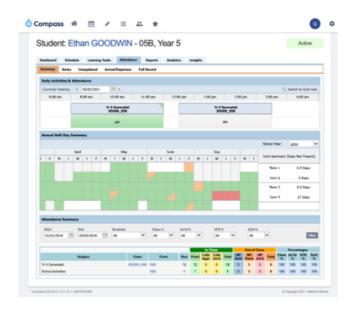
Recent school news items and information relevant to you. This may include newsletters, details of upcoming events.

#### **Attendance Summary**

Includes a summary of attendance in each class. For full details about a specific absence, click the appropriate number in the grid. For an explanation of a heading item, hover your mouse over the heading of interest.

When students are marked 'Not Present' in class this can sit in one of three different categories. These include:

NP Schl Not present in class and is explained by a school related activity.
 NP Parnt Not present in class and is explained by a parent approval.
 NP Unap Not present in class with no explanation entered.



#### Janelle Collins, Library Teacher

The library is open for at least one break time each day so students have access and can borrow a book or magazine if they need to for Reading, which happens in classes after lunch for 10 minutes. There have been many studies that have

shown the benefits of reading, so why not take along something interesting to read when you are given time?

We have a wide range of books – fiction, non-fiction, graphic novels - and magazines available for borrowing, and Ms Collins is happy to have students suggest new additions to the library collection to help ensure students can find material that interests them.

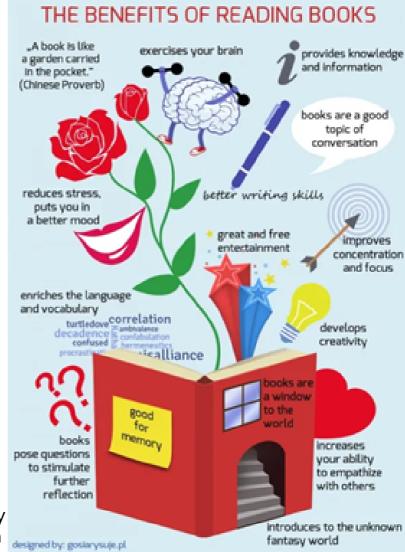
Most books are available for four week loan, graphic novels and picture books have a two week loan period and magazines one week. If students want to re-borrow books, all they need to do is pop into the library, and this can be easily done.

Year 7 classes have all had an initial library familiarity session and had the opportunity to browse and borrow. It is great to see students using the library at break times to play games, read or study.

Don't forget the Library web app is also available via the star menu on Compass and has access to a range of resources, including audio and eBooks 24/7. Year 7 students will be timetabled into the library to have a second session to help familiarise them with the Library Web App in the coming weeks.

Homework Club is held in the library every Wednesday and Thursday until 4.30, with staff available to assist with homework and

private study. Often tutors will also hold sessions at these times.



Happy Reading



## **Community News**

We love hearing from our community, please contact us if you have an event or story to share.

newsletter@portlandsc.vic.edu.au | 03 5523 1344



## MAKING A DIFFERENCE; South West 2024

#### Recruitments Now Open



#### WHAT WILL I BE DOING?

- Explore challenges young people in Southwest Victoria face.
- Co design and implement projects enhancing education, training, and employment
- Engage in **free** training and workshops.
- Contribute ideas and feedback to local youth organisations and projects.
- Boost advocacy and public speaking skills.
- Gain confidence and leadership experience.

#### WHY APPLY?

Build your personal skills and capacity to influence change, connect with other young changemakers and have the power to make decisions that affect young people in your community!

#### WHO CAN APPLY?

Anyone aged between **12-19** years living in:

- Colac Otway Shire
- Corangamite Shire
- Glenelg Shire
- Moyne Shire
- Southern Grampians
   Shire
- Warrnambool City



SCAN THE OR CODE TO APPLY NOW

# Win a Thermomix TM6! \$25 per ticket

This raffle is part of the Bundarra PS fete 2024. Ticket sales are capped at 250.

This will be **DRAWN** once all tickets are sold^.

Winners will be notified by phone and advertised on our fete Facebook event.



1st Prize: Brand new Thermomix TM6 + Consultant

briefing~. Valued at \$2579\*.

2nd Prize: \$150 MIXSHOP \$150 voucher.

3rd Prize: \$50 MIXSHOP \$50 voucher. the





A Raffle will be drawn once all tickets have been sold
 \*Value of prize may change due to any Thermomix increases
 Consult briefing by Lauren Sealey



More Information



bundarrapsfete@gmail.com Facebook Event: Bundarra PS fete

Scan the OR code.

https://registration.netballconnect.com/appRegistrationForm



**COMPETITION DATES 12TH FEB - 27TH MAY** 

REGISTRATIONS CLOSE ON 9TH FEB

O

Game

TEAMS AND INDIVIDUALS WELCOME

# MONDAY NIGHT COME JOIN NETBALL THE FUN SUMMER 2024

Fee's: PNA VNA \$89 **NetSetGo** \$50 \$80 **Junior** \$66 \$80 Inters \$66 Senior \$80 \$86 Mixed \$80 \$86 Walking \$65 \$20 **All Abilities** \$40 \$66 (All Abilities will have 8 week season) NetSetGo Go 7-10yrs
Competition
Juniors 9-13yrs
Inters 12-16yrs
Seniors 12+yrs
Mixed 12+yrs
Walking Social 12+yrs

**All Abilities** 

**NetSetGo Set 5-8vrs** 

**Netball Grades** 

Net Set Go
Register before 9th Feb
and use code:
ThankYouGlenelgShire
to receive a
\$10 discount

Qualify for Association Championships & Glenelg State Titles Teams

> The Home of Local Netball since 1945

